



U-FIRST TRAVELCARE:

THE ULTIMATE COMPREHENSIVE TRAVELER'S HEALTH SCREENING PACKAGE

1. "U-FIRST TRAVELCARE": BASIC MEDICAL PACKAGE **\$499**

- ✓ **Initial physical examination and wellness check-up:** This includes a full body examination, vital sign checks, height and weight measurement, and a discussion of any existing health concerns.
- ✓ **Standard laboratory testing:** Including but not limited to complete blood count, lipid profile, glucose level, kidney function test, liver function test.
- ✓ **Electrocardiogram (ECG):** A test to check your heart's rhythm and electrical activity.
- ✓ **Virtual follow-up appointment:** A telehealth consultation to discuss the results of the lab tests and the development of a personalized care plan based on the results and the physical examination.
- ✓ A comprehensive medical report that you can provide to your Primary care physician for follow up.

2. "U-FIRST TRAVELCARE FOR LADIES ": BASIC MEDICAL PACKAGE + WOMEN'S WELLNESS ADD-ON **\$599**

- ✓ **Includes Pap smear:** This is a procedure to screen for cervical cancer in women.

3. "U-FIRST TRAVELCARE PLUS" : ADD TO YOUR PACKAGE UP TO 3 SPECIALIZED CARE REFERRALS ARRANGEMENT **\$100**

- ✓ **Dentistry:** Referral to a dentist for check-up, teeth cleaning, or other dental procedures (procedure fees not included).
- ✓ **Gastroenterology:** Referral to a gastroenterologist for any digestive system concerns (procedure fees not included).
- ✓ **Gynecology:** Referral to a gynecologist for any reproductive health concerns (procedure fees not included).
- ✓ **Mammography:** Referral for a mammogram screening (procedure fees not included).
- ✓ **Other radiology testing as needed:** Referral for a radiology exam as needed (procedure fees not included)