

**FEEL
GOOD,
LOOK
GOOD**

- Dr. H



Let's get your health
to blossom!

**OUR
PRIMARY
CARE
SERVICES**



CONTACT US

3500 Old Washington Rd Waldorf, MD 20602
(240) 514-2323
info@ufirsthealthonline.com
www.ufirsthealthonline.com

U-Care Standard Membership

- Preferred option for all below age 65
- \$84/month
Special \$5 off - \$79/month
- One-time enrollment fee of \$99
- Unlimited number of visits
- Direct provider access
- Virtual and In Person Access
- Next business day sick appointments
- Home Visits1/year*
- Extended appointments time
- Rapid turn around time for prescription refills
- Preventive visit.....1/year
- Unlimited Sick visits
- Chronic disease management visit
- Labs (Per health plan or with direct pay)
- Health Education
- Sports or employment physicals ..\$35
- Specialist referrals (Per health plan or with direct pay)

*If lives within 5 miles and depending on the medical condition- Additional home visits for \$50 subject to provider's approval

U-Care Plus Membership

- For all above age 65 (non-Medicare eligible)
- \$89/month
Special \$5 off - \$84/month
- One-time enrollment fee of \$99
- Unlimited number of visits***
- Direct provider access
- Virtual and In Person Access
- Next business day sick appointments
- Home Visits2/year*
- Extended appointments time
- Rapid turn around time for prescription refills
- Preventive visit.....1/year
- Unlimited Sick visits
- Chronic disease management visit
- Labs (Per health plan/with direct pay)
- Health Education
- Sports or employment physicals ..\$35
- Specialist referrals (Per health plan or with direct pay)

*If lives within 5 miles and depending on the medical condition- Additional home visits for \$50 subject to provider's approval

U-Care On-demand Services

- Specific services
- Limited availability of visits
- Physicals\$125
+fee for additional testing
- Sick visits\$80
+fee for additional testing

Our Services

